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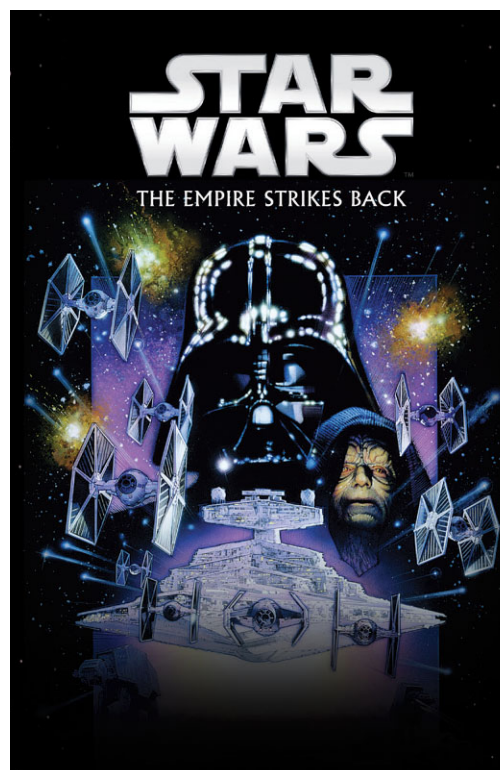
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THE SHORTLIST

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MARY MATHIS

THE STAT SHEET

12,000

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food stamps under proposed
USDA regulations

\$50

Fine for slow drivers caught
hanging out in the left lane
(starting Thursday)

1,251

Priority 1 911 calls (shooting, domestic
assault, etc.) that went unanswered in
Minneapolis over the past 12 months

53

New beers, ciders,
seltzers, and wines at the
State Fair this year

**"I'm curious, with all this hatred
toward women, why does he
choose to wear mom jeans?"**

Reader Terry L. McInroy responds to "Min-
nesota state Rep. Tim Miller's fundraiser was
spoiled by 'socialist bullies'" at citypages.com.

BIKING WHILE FEMALE

BEING A WOMAN is so cool: If you're not
getting paid less for doing the same work
or getting passed over for promotions in
favor of less experienced men, at least you're
also getting less respect from drivers while
you bike to the office! A report from the U
of M and Hennepin County published last
week found a clear gender disparity in the
way cars pass male and female cyclists—a
data point they weren't even looking for.
In the 2,949 passing events on bike paths
and roads studied, 73 percent of encroach-
ing incidents occurred with women on
bikes, making them 3.8 times more likely
to experience encroachment. (Minnesota
law requires drivers to give cyclists at least
36 inches of space.) "The evidence is clear,"
their report states. "Cyclists, particularly
women, face risks."

POPULAR STORIES AT CITYPAGES.COM

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**MASSIVE, SOON-TO-OPEN
FOOD HALL**—announces
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Danielle Stella, Ilhan Omar's
Republican challenger,
may be into **QANON**

Report: Ilhan Omar
challenger **DANIELLE STELLA
HAS TWICE BEEN ARRESTED**
for shoplifting

DRIVER ERROR

Driver in north Minneapolis bus shelter crash contradicted by surveillance video

Earlier this month, everyday bustle in north Minneapolis came to a screeching stop after a van plowed into a bus shelter on Broadway and Lyndale. The impact left the shelter a twisted husk and injured six people—several of them critically.

Metro Transit Police got on the scene quickly, and spokesperson Howie Padilla summarized the events leading up to the crash. The van had been driving south when it pinged a mirror of a Metro Transit bus parked on Lyndale. Then it backed up, hit the mirror a second time, and veered right.

“The van then, for whatever reason... smashed into the shelter,” Padilla said.

There were murmurs in the gathering crowd—captured in the moment on several cellphone videos taken by witnesses—about the nature of the crash.

There were rumblings of it being not only intentional, but a “hate crime.” The people who had been in the bus shelter when it got hit were predominantly black, and the driver was white.

Said driver turned out to be an 83-year-old man from Champlin named George Jensen. Police took him in after the crash, but he was released that same afternoon “pending further investigation.” The Star Tribune later reported that police hadn’t performed a field sobriety test or charged him with anything.

“The driver gave investigators no indication that this was an intentional act,” Padilla told the Tribune.

But that wasn’t a satisfying answer for some residents of the North Side. At a news conference held later that week, members of Racial Justice Network and Black Lives Matter Twin Cities called on police to “do their job” and “get justice



VIDEO, STAR TRIBUNE

for the six people who got hit,” according to the Tribune.

Jensen’s lawyer maintained the crash was an accident.

Now a Metro Transit police investigator is claiming surveillance contradicts what Jensen says happened. According to the Tribune, investigator Paul Buzicky says Jensen claimed he mistook the accelerator for the brake, which caused the crash.

But in a search warrant affidavit filed this week, Buzicky said video showed the van traveling west at “a very slow rate

of speed” with its brake lights on before suddenly zipping ahead and careening toward the shelter, seemingly indicating Jensen had had his foot on the brake in the first place. Buzicky wrote that Jensen appeared to be piloting his 2002 Ford in a “grossly negligent manner.”

It’s not on Metro Transit any longer to decide whether Jensen will be charged. Last Friday, police turned over the investigation to the Hennepin County Attorney’s Office, which will hand that decision down once it reaches a verdict. —HANNAH JONES



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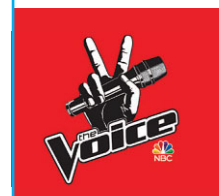
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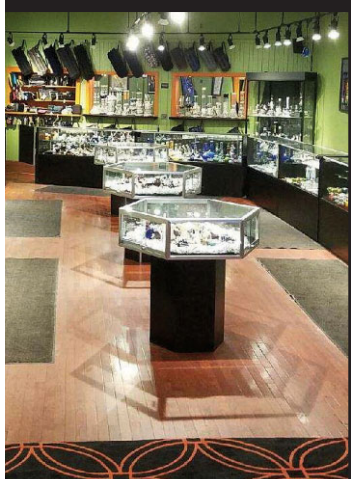


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GAMES

Hooligan racing

*is the best sport
no one's heard of
at the X Games*

BY SARAH BRUMBLE

Covered head-to-toe in a layer of dust that felt an inch thick, staring into an apocalyptic haze accentuated by the setting sun, I went significantly more deaf one evening mid-July while falling in love with the best sport at the X Games you've probably never heard of: hooligan racing.

"When you talk about racing a motorcycle in a circle, people are like, 'Oh, that sounds dumb,' and you're like, 'Okay, totally fair.'" Mind you, local boy Dan Jacobson is describing something he's among the world's best at, having competed in hooligan twice already at the X Games.

Not long ago, this sport didn't exist. Now races are sponsored by Harley-Davidson. Yet Jacobson gets where people are coming from when they can't understand his sport of choice's appeal—especially if they've never seen it first-hand.

I spent the race holding my breath as brave competitors ripped their throttles at the starting line of a dirt track and then thundered into a deeply rutted corner far too fast. Riders stuck their boots out to prevent high siding and jostled elbow-to-elbow, fighting for little more than glory, points in a series, and a checkered flag. Toward the finish, one bowling ball of a dude dressed in an Evel Knievel suit came barreling in hot, pushing for the finish, as a country boy's voice rose an octave over the Winona County Fair's PA.

Roland Sands, the quasi-godfather figure of modern hooligan racing, was once quoted saying, "It's frightening and it takes balls, but there's a lot of satisfaction and it makes beer taste really good. That's how you feel after surviving hooligan." It only takes witnessing it once to get what he meant. I was as hooked as I was filthy... and thirsty.

In other forms of flat track motorcycle racing the riders are like jockeys, but hooligan is populated by a field of Donkey Kongs or autumn-drunk bumble

GAMES 2019 SCHEDULE

THURSDAY, AUGUST 01

7 p.m. Pacifico BMX Vert
7:45 p.m. X Games Music: SWMRS
7:45 p.m. SoFi Moto X Step Up
9:00 p.m. Pacifico Skateboard Vert
10:15 p.m. X Games Music: Chevy Metal

FRIDAY, AUGUST 02

4 p.m. Next X Skateboard Park
4:30 p.m. Next X Skateboard Street
5:30 p.m. Monster Energy Men's Skateboard Street Elimination
7 p.m. Women's Skateboard Park
8:15 p.m. Moto X Quarterpipe High Air
8:45 p.m. The Real Cost BMX Big Air
10 p.m. Moto X Freestyle
11:15 p.m. X Games Music: P.O.S
12:45 a.m. X Games Music: Wu-Tang Clan

SATURDAY, AUGUST 3

12 p.m. Pacifico Men's BMX Park
1:30 p.m. Monster Energy Moto X Best Trick
2:15 p.m. The Real Cost Skateboard Big Air
3:45 p.m. Monster Energy Men's Skateboard Street
5:15 p.m. Adaptive Skateboard Park
6 p.m. BMX Street
7 p.m. The Real Cost BMX Dirt
8 p.m. Moto X Best Whip
10:30 p.m. X Games Music: Diplo

SUNDAY, AUGUST 4

10 a.m. Harley-Davidson Hooligan Racing Round One/Semifinals/Finals
12:15 p.m. Men's Skateboard Street Best Trick
1 p.m. Wendy's Men's Skateboard Park
2:45 p.m. Women's Skateboard Street
4:30 p.m. Dave Mirra's BMX Park Best Trick
5:30 p.m. X Games Music: The Blind Shake
7 p.m. X Games Music: Incubus



NOTHING BUT HEMP




The more people are pulled to cannabis products as the market for CBD oil expands, the more important it is for education about the different types of CBD.

A wide sweep of needs shared by those who use CBD is luckily serviced by the variety of hemp products available. Full-spectrum, broad-spectrum and CBD isolate structures are among the main types of hemp on the market, but knowing the difference can be tricky.

Here's a primer on the three main types of CBD available.

A cannabis product's structure depends on how manufacturers extract the terpenes and which strain of plant they start out with.

Alcohol and CO2 extraction methods are both used in creating CBD products, with CO2 extraction resulting in higher-quality offerings as a general rule.

The technical term for cannabinoid extraction is decarboxylation.

Types of extraction result in different levels of CBD in the finished product,

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so CBD isolate products have the highest amount of pure CBD. Often, CBD in isolates is at a level of 99 percent or higher.

There's also full-spectrum CBD, which includes trace levels of THC — the active ingredient in marijuana — at around 0.3 percent or lower.

Mixing different types of cannabinoids tend to better activate the body's endocannabinoid system, or ECS, which is a phenomenon called the entourage effect.

THC has its downsides. While many say the full-spectrum CBD can more effectively help when used for anxiety, chronic pain, insomnia and plenty of other problems, full spectrum CBD use will cause people to test positive on drug tests that seek out THC compounds.

Meanwhile, broad-spectrum CBD incorporates far more types of cannabinoids than solely cannabidiol (like the CBD isolate) but still removes THC. Broad-spectrum has different benefits than the others, but does seek to be the middle ground between the other types of CBD.

With all these choices, it can seem hopeless that newcomers to the industry could find which products are best for them.

Luckily, there is a source Americans can rely on for CBD and hemp education. Nothing But Hemp, which offers a huge variety of high-quality CBD and hemp products for every need, focuses on cannabis education.

Since it employs a licensing systems like cross fit, Nothing But Hemp allows entrepreneurs from around the country to found their own locations, then receive detailed instruction on the science and health of CBD and CBD products.

This means that business-owners can get the most of their efforts and customers can be assured that at any Nothing But Hemp location, available in Minnesota, Florida and more, will offer the best in hemp information and products each time they visit.

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bees, not Toads or hornets. The rules are minimal. Front brakes must be removed, as should all glass and excess parts. Other than that, it's pretty much have fun and respect each other.

The credo is basically “run what you bring,” meaning compete with what you rode there. It's street bikes or bust—those thunderous big boys, 750cc's or larger, with a stock frame and dirt track tires—not excessively expensive tricked-out steeds with modified chassis. There's a pay-to-play hierarchy in flat track, where investing hundreds of thousands to customize your machine is necessary just to see if you've got what it takes to compete. But hooligan's relatively cheap stock bikes are an equalizing factor among riders.

ESPN's X Games debuted the competition as an unmedaled event in 2017, and its popularity has risen astronomically since. Part of its charm is how incredibly barebones it is. Riders like Jacobson often have flat track pedigrees, but not always.

“It's probably one of the most diverse crowds that there is in racing right now. When you get to the pro level, everybody's kinda.... It's more like the rich kids and the jocks,” he explains. “Whereas hooligan can be those guys, but it's also the rough guys who build bikes in their garages, who have an extra sense of rebellion and punk rock.”



ERIC LARS BAKKE / ESPN IMAGES

He sees himself as floating somewhere in the middle of it all: a former pro in many different moto fields who got his start skateboarding and hung up his helmet to join the Carpenters' Union and build scaffolds around the country. He helped erect U.S. Bank Stadium before competing inside. Now he races for the fun of it on bikes that suit him best, in a class where

prize money is more equally administered—which has the effect of boosting camaraderie across the board, rather than encouraging bloodthirstiness.

“It's cool when you get out there with a bunch of different people from all over the place. Some of [these guys] are going to school at MIT and stuff. I've never understood that. We get these crazy-smart kids

and I'm like, ‘If you're so smart, what are you doing here?’ The risk is high!”

Hailing from Northern California are father and son duo Frank and Frankie Garcia, age 59 and 28 respectively. Their opposite approaches to the sport represent exactly what Jacobson is talking about.

In 2017, Ducati approached Frankie asking if he'd build a hooligan bike. He'd had no intention of racing it... until he did. “There was one race left toward the end of the series, and I was free to do it, the bike was done, so I raced it. I ended up winning that race, and since then, Ducati kind of stepped up.” He's been a hooligan pro ever since.

Then we have Frank Sr. The 2019 X Games qualifier was his first hooligan race ever. He not only beat Frankie, he did it on a bike he'd assembled in his garage the week prior, mostly using spare parts he had lying around. “It was right there, so I started putting it together. I just wanted to race it, and the X Games qualifier was the first race nearby,” laughs Frank Sr. “And this is what happened.”

This year's hooligan race brings an entirely different component for the younger Garcia. “This will be my third time at X Games,” says Frankie, “but what makes it even cooler is my dad was the one who taught me and showed me everything, and this time, I'm not only going to X Games,



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“Hooligan is also the rough guys who have an extra sense of rebellion and punk rock.”

but my dad's coming with me. And not to be my mechanic, or to tell me I'm going slow here or I'm doing this good or that bad, he's coming and I've got to try to beat him.” The Franks will battle it out live, trackside, August 4.

Part of the huge appeal of hooligan is this air of achievability—as Frankie put it, an average Joe on the couch can't race motocross or suddenly become Valentino Rossi, “but they can be hooligan racers! All you've gotta do is build a bike and show up to the races!” Now that the sport of hooligan is growing so fast, though, it's the show-up-to-the-races part that gets sticky for Midwest riders like Jacobson, especially when it comes to huge events like the X Games.

Jacobson plays with some of the best in the world. “Me and my teammate Nick

[Mataya] won the first three rounds of this other series. I mean, the guy who won the X Games last year was in it—Nick beat him three times in a row.”

But you won't find Jacobson repping Minnesota in a third X Games running. “The only X Games qualifier they had for hooligan was in Industry Hills, California [Los Angeles]. It was on a Friday. So I would have had to take more or less a week off work. A lot of guys who got to go do that had dealership backing.”

If you have to travel to the West Coast to prove yourself, then it leaves out the middle of the U.S., where hooligan is thriving. Jacobson says he and Mataya did their best to compete on the world's biggest hooligan stage. “We actually sent our resumes out, and had a lot of sit-down meetings with just about every Harley



ANDY BOTHWELL

dealership in [Minnesota] to try to get out there this year. We figured we had chips to bargain with, but we couldn't get anybody to step up and help us out.”

Though there'll be no hometown heroes in this year's X Games, there are tons of good competitors to root for, and Jacobson isn't going anywhere. “I had probably three, four people who were like, ‘If this happens again next year, you call me, because I'll take money out of my savings account to send you guys there.’”

Frank Sr. leaves me with a great reminder that apart from the competition itself and the individuals involved, we've been handed a special moment to enjoy. “We're in a pinnacle,” he says. Hooligan itself remains bigger than the X Games, and worth rooting for. This is its prime season, and it remains the best, filthiest, most egalitarian competition on two wheels, with races held nearby in the coming months.

All you have to do is show up and watch. 



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Cocona Hiraki

ERIC LARS BAKKE / ESPN IMAGES

5 MORE THINGS

you can't miss at the 2019 X Games

From world-class 10-year-olds to big-ass jumps to the “Michael Jordan of skateboarding,” here’s what to do when you’re not watching hooligan racing

BY EMILY CASSEL

This is the third consecutive year the X Games have come to Minneapolis, and maybe you think you’re an x-pert by now. Been there. Done that. Got the limited-edition skate deck.

But the thing about extreme sports is that no two events are alike. “With action sports, you never know what’s gonna happen,” host Jack Mitrani says. Someone is always going for more air, or trying to complete a first-ever trick, or making history with a record-smashing number of medals.

Plus, like... Wu-Tang Clan’s gonna be there.

“From a fan’s perspective, there’s so much more than just the competition... it’s like Coachella meets a sporting event,” Mitrani says. (It ain’t just Wu-

Tang—Diplo, Incubus, P.O.S, SWMRS, Chevy Metal, and the Blind Shake will all descend upon the Armory this weekend.) “For anybody who has a short attention span—X Games is it,” adds BMX rider Mykel Larrin.

Here are five places to turn your attention when the games kick off this Thursday.

1. THE YOUNG GUNS

Remember what a big deal it was when Tony Hawk landed the first 900—among the most technically tough skateboarding tricks there is—at the X Games in 1999?

Gui Khury landed a 900 at 8 years old.

Now at the wizened old age of 10, the Brazilian boarder is competing in skateboard vert at his first X Games. And he’s not the only 10-year-old at the games this year; you can catch Cocona Hiraki tearing it up in women’s skateboard park. “These are the youngest kids to ever drop in at

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an X Games, and they're not only young, they're really good—they have a chance of medaling," Mitrani says.

Women's park is also where you'll get to see Misugu Okamoto. "If I had to put my money on it, I think this 13-year-old Japanese up-and-comer—I have a feeling she's gonna win," Mitrani says. "You could put her in the men's competitions, and she'd hold her ground."

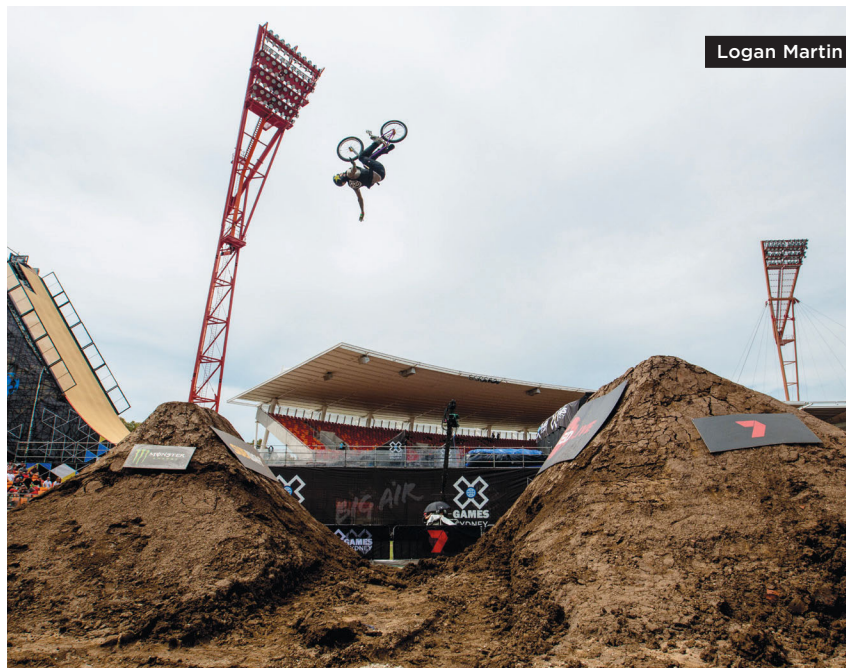
2. THE BIG STUFF

Mitrani is the first to admit that action sports can be hard for the less extreme among us to follow—terms like touchdown and home run are for more familiar to the average fan than nightmare flip and fakie 720.

Enter Moto X Quarter Pipe High Air. "This one... it's just who can go the highest," Mitrani says. "And they go so high."

"They literally just have a launch quarter pipe, and they just go to the moon," Larrin adds. "If you've never seen action sports, something like the big air moto comp is insane. You're like... dude, that's a motorcycle, and it's suspended in the air."

And if that kind of high-flying daredevilry gets your engine running, there's also skateboard big air. Mitchie Brusco will likely again attempt a backside 1260—that's four full rotations after rocketing up the quarterpipe—something he almost



Logan Martin

MATT MORNING / ESPN IMAGES

nailed at the X Games in Shanghai earlier this year.

3. THE BIKE STUFF

The cool thing about BMX street and BMX park is that those courses change every year, which means a totally different set of tricks that plays to different riders'

strengths. You get to see Logan Martin—a very technical rider who stuffs as many tricks as he can into a run (like, we're talking 50 in a minute). On the other hand, there's the infinitely adaptable Dennis Enarson. "Logan can be a computer, just logging data in a run—whereas Dennis is more like, 'I've got a canvas, I'm gonna just

use this paintbrush and put some color here, put some color there.'"

4. THE ALL-TIME GREATS

You don't get to be the highest-paid skateboarder in the world for nothing. Nyjah Huston has obtained absolute legend status since he started competing in 2004, and Mitrani calls him the Michael Jordan of skateboarding: "The opportunity to watch him skateboard anywhere in the world is amazing." He'll be going for his 11th X Games gold in skateboard street this year—to put it in terms of Tony Hawk, he just passed his record. "Nyjah's a star to come and see."

5. THE ACTION VILLAGE

Larrin says the absolute number-one thing he'd recommend to fans is checking out the interactive Action Village—when it comes to a tangible experience, you can't beat it. This is an interactive course that lets you hop on a vert ramp or bring your bike out to shred some dirt.

"That might be the one catalyst for a kid that's 8 years old who just gets hooked on it," Larrin says. "Seeing the paint on the bottom of the course with the X Games Minneapolis logo on it, the sticker tape, the sound of the wheels on the ramp—all those senses get wrapped in this neat little package that'll make that kid want to be an athlete." 

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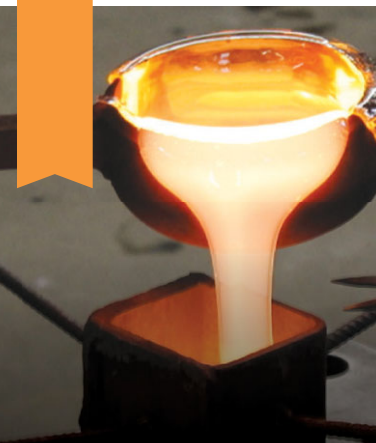
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STREET TWEETS
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BY LAUREN HAUN

Every August, media swarm the State Fairgrounds armed with cameras and antacids, eager to try a menagerie of deep-fried and sugar-coated mediocre foods. Unbeknownst to many, the true highlight of outdoor summer eating comes in early July just a few miles away, when the Little Mekong Night Market and its stellar snacks take over St. Paul.

For the Little Mekong neighborhood—located between Mackubin and Galtier streets along University Avenue—this is a better State Fair. Here, everyone's talents are showcased among neighbors and friends, while relatives catch up and summer flings canoodle.

This year marks the sixth annual Night Market—a unique event that's equal parts small business incubator, block party, and tasting menu. The Asian Economic Development Association of Minnesota (AEDA-MN) started the event to boost local sales lagging due to Green Line construction.

As AEDA-MN's events and project manager Evelyn Mouacheupao explains, “The light rail was being built in our neighborhood and we wanted to build something to invite people into the space and keep them coming here, so we decided to host this event. First it started in the parking lot as a pop-up. Now it's grown to two full parking lots, down Western on both sides of University Avenue.”

Inspired by similar open-air markets in East and Southeast Asia where shoppers leisurely stroll, buy, and snack, the St. Paul version is a street festival for the community, by the community, with free admission since day one. The Night Market achieves its block party feel by catering to all ages. A court of bouncy castles provides space for roaming children to burn off their sugar buzz, while speakers boom local music between staged performances by traditional dance companies and breakdancing crews.

For many like me, the draw of the Night Market is its diversity of delicious snacks from food vendors—56 in total this year, from local supermarkets and established restaurants to food trucks and first-time vendors.

“We see ourselves as a space for entrepreneurs where they can start somewhere. We follow vendors to the next phase, be it food truck, trailer, or brick-and-mortar space,” says Mouacheupao.

Such a mix provides an incredible variety for eaters excited to experience new fla-

MARKET DE RÊVES

In its sixth year, Little Mekong Night Market expands

MTKV Fortune's sai krok sausages and chicken heart and baby octopus skewers



LAUREN HAUN

vors, while also including vendors known for cranking out traditional favorites like green papaya salad and barbecue meat skewers.

Bummed that the Night Market's delights passed you by? Don't be. Additional pop-ups are coming, bringing many of these dishes to the public beyond this one weekend in July. Keg and Case food hall will host the Night Market every Saturday and Sunday in July and August, as will Chroma Zone Mural and Art Festival from September 7 through 14. Below are some of the highlights from the night, to whet your appetite until then.

Iced Coffee at Soul Lao

Soul Lao imported organic coffee beans directly from the Bolaven Plateau in southern Laos for this special batch of iced coffee. The beans lent a smooth, smoky flavor that was tempered by thick sweetened condensed milk. I sipped mine through a naturally biodegradable bamboo straw and was thumping until 3:30 a.m. soullao.com

MTKV Fortune barbecue skewers

The line at MTKV Fortune was already a dozen people deep only 20 minutes after the market started, so I immediately got in line, eyeing the packed charcoal grills. I chose boldly: two chicken heart skewers, a baby octopus skewer, and some sai krok sausages. Both skewers were doused in a hot sauce with lime, chile, and fish sauce, and ended up being some of the best barbecue items of the festival. The hearts were the size of my thumb tip and were pleasantly chewy and meaty, while the baby octopus offered some tender tentacles to munch on. The zippy sauce kept the skewers light and offered an acidic balance to the rich, meaty flavors. The sai krok sausages were stuffed with fermented ground pork, short grain rice, and cellophane noodles perfumed with lots of ginger. Cabbage leaves and Thai chilis were plopped on the side. I sandwiched the sausages between the leaves and dipped them in the hot, funky drippings from the skewers, which mixed well with the

sausages' intense ginger flavor. [facebook/MTKV-Fortune.com](https://www.facebook.com/MTKV-Fortune.com)

Sushi Laab Bowl at Ninja Sushi

After eating pork belly-smothered tater tots and a cheese-stuffed corn dog, the combination of fresh salmon and tuna chunks tossed in spicy-sour laab seasoning (lime juice, toasted rice powder, and dried chiles) and served over crunchy lettuce in a bowl was delightful. Each bite needed to be balanced with gulps of sweet Thai tea, but I couldn't stop myself from digging in for more. Despite being filling, the lightness provided a perfect antidote to some of the market's other sugary/fatty snack extremes. [facebook.com/ninjasushimn](https://www.facebook.com/ninjasushimn)

Vegan Papaya Salad at Miss Papaya

On a sweltering night, nothing's better than an extra spicy plate of green papaya salad, so hot it makes sweat pulse, curling your mouth, and yet so good you couldn't stop eating if someone paid you. Despite being one of the market's culinary mainstays, I was surprised to see a vegan variation of the salad for sale, so I sidled up to the long line at Miss Papaya to give it a go. Green papaya salad normally features papaya strips, crushed roasted peanuts, chunks of tomato, bits of green beans, and Thai chiles pounded together, then dressed with fermented fish sauce. It's an intensely laborious process, especially in the summer heat. Per custom, each salad is made to order with the cook providing customers a taste in case they want to tweak the balance of spice/acidity/sweetness. Without the pungent fish sauce, Miss Papaya's vegan version allows the individual flavors to shine—the papaya's sweetness, the smoky roasted nuts, and tart lime—into a new form like an intriguing cousin to the original dish. [facebook.com/misspapaya](https://www.facebook.com/misspapaya)

Blackberry basil cotton candy at Spinning Wylde

Most of the beverages I sipped throughout the night were very sweet, so by the time I got to Spinning Wylde, I was wary of even more sugar. Scanning the long list of flavors (Tamarind chile lime! Mama's fried banana!), I chose blackberry basil. As the sugar silently spun into a white puff, then was topped with a cute cocktail umbrella, I became absolutely giddy. The first bite burst with juicy blackberry and a pleasant basil note, and I continued on my merry way, strolling through the market, pushing gobs of soft candy into my face. spinningwylde.com

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AUG 03



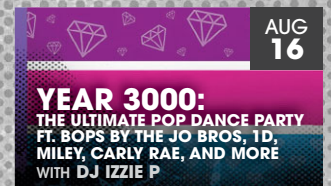
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AUG 06



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AUG 11



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AUG 16



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WITH DJ BACH, ESPADA, GREENERY

AUG 17



FLYING LOTUS IN 3D
WITH BRANDON COLEMAN SPACETALKER, SALAMI ROSE JOE LOUIS, PBDY

AUG 20



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WITH SLIGHTLY SHARP, DJ A-GUIL

AUG 24



BASSGASM 11
WITH DJ CRAZE, VASKI, THE HORRORIST, DETROIT TECHNO MILITIA, AND MORE

AUG 31



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WITH SOUL TIGHT COMMITTEE

SEPT 06

PALACE THEATRE



PHANTOGRAM
WITH BOB MOSES

AUG 25



TYCHO
WITH POOLSIDE

SEPT 13



BRITTANY HOWARD
OF ALABAMA SHAKES

SEPT 19



BLACKBERRY SMOKE
WITH THE RECORD COMPANY

SEPT 26



ANDREW BIRD
WITH MADISON CUNNINGHAM

SEPT 27

PALACE THEATRE (CONT.)



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FINE LINE



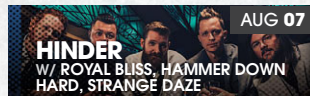
BACK TO BLACK: AMY WINEHOUSE TRIBUTE
FT. REMEMBER JONES, W/ DJ ESPADA

AUG 01



JAMESTOWN REVIVAL
W/ JOHN CRAIGIE

AUG 03



HINDER
W/ ROYAL BLISS, HAMMER DOWN HARD, STRANGE DAZE

AUG 07



GUYANO
EP RELEASE PARTY
W/ GRAYSHOT

AUG 01



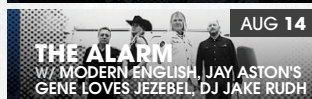
THE NUDE PARTY
W/ BOA

AUG 05



THE FAINT
W/ RITUAL HOWLS, CLOSENESS

AUG 12



THE ALARM
W/ MODERN ENGLISH, JAY ASTON'S GENE LOVES JEZEBEL, DJ JAKE RUDH

AUG 14



PINBACK
W/ NICK REINHART

AUG 17



JAKE ROSE
W/ RADDA RADDA, KURT VATLAND

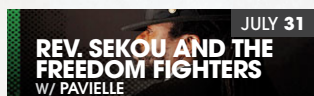
AUG 02



GOODNIGHT, TEXAS
W/ THE ARTISANALS

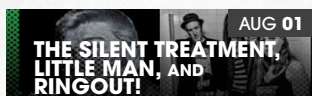
AUG 06

TURF CLUB



REV. SEKOU AND THE FREEDOM FIGHTERS
W/ PAVILLE

JULY 31



THE SILENT TREATMENT, LITTLE MAN, AND RINGOUT!

AUG 01



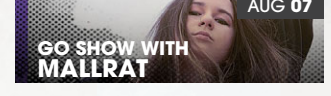
JOHN SWARDSON AND BAD BLOOD
RECORD RELEASE
W/ MARGRET, JOSH GRIER (OF TAPES 'N' TAPES)

AUG 02



SHOW ME THE BODY AND HELLO YELLO

AUG 03



GO SHOW WITH MALLRAT

AUG 07



METALACHI
W/ MADNESS MALAGA, WHISKEY ROCK 'N' ROLL CLUB

AUG 03



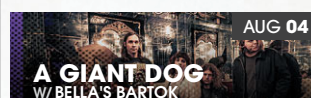
THE VON TRAMPS
EP RELEASE
W/ THE PRIZEFIGHTERS, THE CARNEGIES, KATY VERNON, TIMISAROCKER, DJ CZU

AUG 07



FRUIT BATS
W/ JOYERO

AUG 08



A GIANT DOG
W/ BELLA'S BARTOK

AUG 04



SUMMER CANNIBALS
W/ TV MOMS, MEESE

AUG 08

AROUND TOWN



JEN KIRKMAN
THE CEDAR CULTURAL CENTER

AUG 10



TUXEDO
W/ DJ BONICS
THE CEDAR CULTURAL CENTER

AUG 14



SHAKEY GRAVES AND DR. DOG
W/ CAROLINE ROSE
SURLY BREWING FESTIVAL FIELD

AUG 17



GLEN HANSARD
STATE THEATRE

SEPT 04



OF MONSTERS AND MEN
SURLY BREWING FESTIVAL FIELD

SEPT 14

A LIST

FRIDAY *Super Mario Bros.* on the big screen p. 23

SATURDAY Vampire party at the Loring p. 25

SUNDAY Beer collabs at In Cahoots p. 27

Celebrate African culture at Little Africa Festival in Hamline Park.



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WEDNESDAY 7.31

COMEDY

GARETH REYNOLDS

ACME COMEDY CO.

Many comics from neighboring Wisconsin have migrated to Minneapolis-St. Paul to pursue comedy, but that's not the case for Milwaukee native Gareth Reynolds. "I started doing standup about 10 years ago in New York," he says. It was in high school that he realized he didn't have any marketable skills beyond making people laugh, which he thoroughly enjoyed. Being a comedian also means getting to do cool things, like visiting the Vikings' new stadium before it opened. "As a Packers fan I know not to talk about my team when I'm there," he notes. "The guy giving us the tour said we had to wear hard hats. And they had the Vikings logo

on them." Fellow comic Steve Byrne was also there, making fun of Reynolds and taking pictures of him in his Vikings hard hat. "Then, in the distance, I see that glorious green and gold on a hard hat. One of the construction workers would not play ball, and was wearing his Packers hard hat in enemy territory." 8 p.m. Wednesday through Saturday; 10:30 p.m. Friday and Saturday. \$15-\$18. 708 N. First St., Minneapolis; 612-338-6393. **Through Saturday —P.F. WILSON**

THURSDAY 8.1

COMEDY

RYAN SICKLER

RICK BRONSON'S HOUSE OF COMEDY

Once, when he was a boy, Ryan Sickler thought he was in trouble. He snuck downstairs and saw his father watching the Richard Pryor film *Busting Loose*. "I

got caught laughing," he explains. "My father said, 'Get in here. Watch this with me.'" From there, it was more movies and *Saturday Night Live*, particularly Eddie Murphy. "I imitated all the characters for my family and friends, and that's when I started to see that drug called laughter and how you can really get people going." He tried standup a few times when he was 20, then moved to L.A. to study improv with the Groundlings. "Their waiting list can be a year between levels," he says, "so I decided to just get back onstage myself and do standup." These days his set is a mix of slice-of-life and observation, mostly in storytelling form. "If you go back to my first album there is some storytelling," he notes. However, it's his podcast, *The HoneyDew*, that has really helped him develop stories and material. "We'll sit there and say, 'Are you talking about that onstage? You

need to be.'" 7:30 p.m. Thursday through Friday; 9:45 p.m. Friday; 7 and 9:30 p.m. Saturday. \$16-\$23. 408 E. Broadway, Mall of America, Bloomington; 952-858-8558. **Through Saturday —P.F. WILSON**

FILM

GRATEFUL DEAD MEET-UP AT THE MOVIES

RIVERVIEW THEATER

Since the death of founding member and iconic figurehead Jerry Garcia in 1995, fans of the Grateful Dead have sought various means of keeping the communal spirit of the band and its music alive. While band members have sporadically reunited for tours, and archival recordings continue to surface, many Deadheads have sought out their fix at the cinema, thanks to the annual

CONTINUED ON PAGE 23 ►



28TH ANNUAL

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FRIDAY

MOVIES

SUPER MARIO BROS.

LAKE HARRIET BANDSHELL

The vast majority of movies based on video games are total bombs. This legacy of crap began in 1993, when *Super Mario Bros.* was released into theaters, laying a curse on the genre like a Pandora's box that can never be closed again. The film stars Bob Hoskins and John Leguizamo as Mario and Luigi, plumber brothers living their lives in Brooklyn. When Luigi goes on a date with Daisy, an NYU student looking for dinosaur bones under the Brooklyn Bridge, the couple, along with Mario, find themselves falling through a portal to another dimension where Bowser (Dennis Hopper) rules a bunch of suit-wearing dinosaur creatures with beady eyes and tiny heads. He's trying to get his hands on some magic rock, because... power? It's all really stupid and nonsensical, and it's pretty obvious that the producers and scriptwriters involved knew nothing about Nintendo's flagship video game. But that's part of its charm, and its curse. See it for yourself at Lake Harriet this week. Black Market Brass will warm up the crowd with music. 6:30 to 11:30 p.m. Free. 4135 W. Lake Harriet Pkwy., Minneapolis. —JESSICA ARMBRUSTER



SUPER MARIO BROS.

CONTINUED FROM THURSDAY ►

Grateful Dead Meet-Up at the Movies. The celebration started in 2011 with a national simulcast of the documentary *The Grateful Dead Movie* (1977). Its popularity has expanded as subsequent years brought rarely seen concert footage to the big screen. The ninth-annual event, timed to coincide with Garcia's birthday, takes the endeavor international with screenings held at theaters throughout North America, Europe, and Australia. The 2019 Meet-Up screens the previously unreleased, professionally recorded full concert performance from June 17, 1991, at New Jersey's Giants Stadium. It's complete with surround sound and a visually immersive multi-camera edit. The concert featured a surprising setlist and contributions from relatively recent bandmates Bruce Hornsby and Vince Welnick. Tonight's screening should be an ideal chance to bond over musical fellowship. 7 p.m. \$10. 3800 42nd Ave. S., Minneapolis; 612-729-7369. —BRAD RICHASON

FRIDAY 8.2

THEATER

FLOYD'S

GUTHRIE THEATER

Commissioned by the Guthrie, Lynn Nottage's socially incisive comedy *Floyd's* expands upon themes introduced in her critically acclaimed *Sweat*, winner of a Pulitzer Prize for drama in 2017. Like that earlier work, *Floyd's* is set in an economically depressed section of Reading, PA, a city that has struggled

to recover from a collapsing industrial sector that has left a sizeable portion of its population unemployed and without prospects. For recent parolees, jobs are even harder to come by, a situation that makes the titular truck-stop sandwich shop something of a sanctuary in that it not only provides employment for ex-cons, but offers hope that their futures need not be defined by their pasts. These aspirations are expressed through the artistry of sandwich-making, as eccentric acolytes perform their line cook duties under the exacting tutelage of Zen Master Montrellous. Marking a reunion of sorts for the core talents behind *Sweat*, *Floyd's* features the return of director Kate Whoriskey, joined by acclaimed performers Johanna Day, John Earl Jelks, and Reza Salazar. Rounding out the cast are Obie Award-winners Dame Jasmine Hughes and Andrew Veenstra, both of whom are making their Guthrie debut. The show is in previews through August 1. 7:30 p.m. Tuesdays through Saturdays; 1 p.m. Saturdays; 7 p.m. Sundays. \$29-\$78. 818 S. Second St., Minneapolis; 612-377-2224. Through August 31 —BRAD RICHASON

FESTIVAL

UPTOWN ART FAIR 2019

UPTOWN MINNEAPOLIS

Originating in 1964 as a means of fostering support for the neighborhood's artistic enclave, the Uptown Art Fair now draws an attendance surpassed only by the Minnesota State Fair. But even with a crowd expected to exceed

CONTINUED ON PAGE 25 ►

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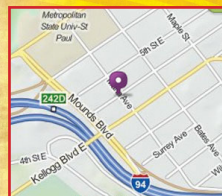
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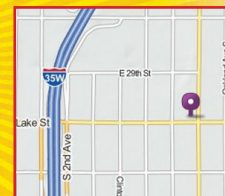
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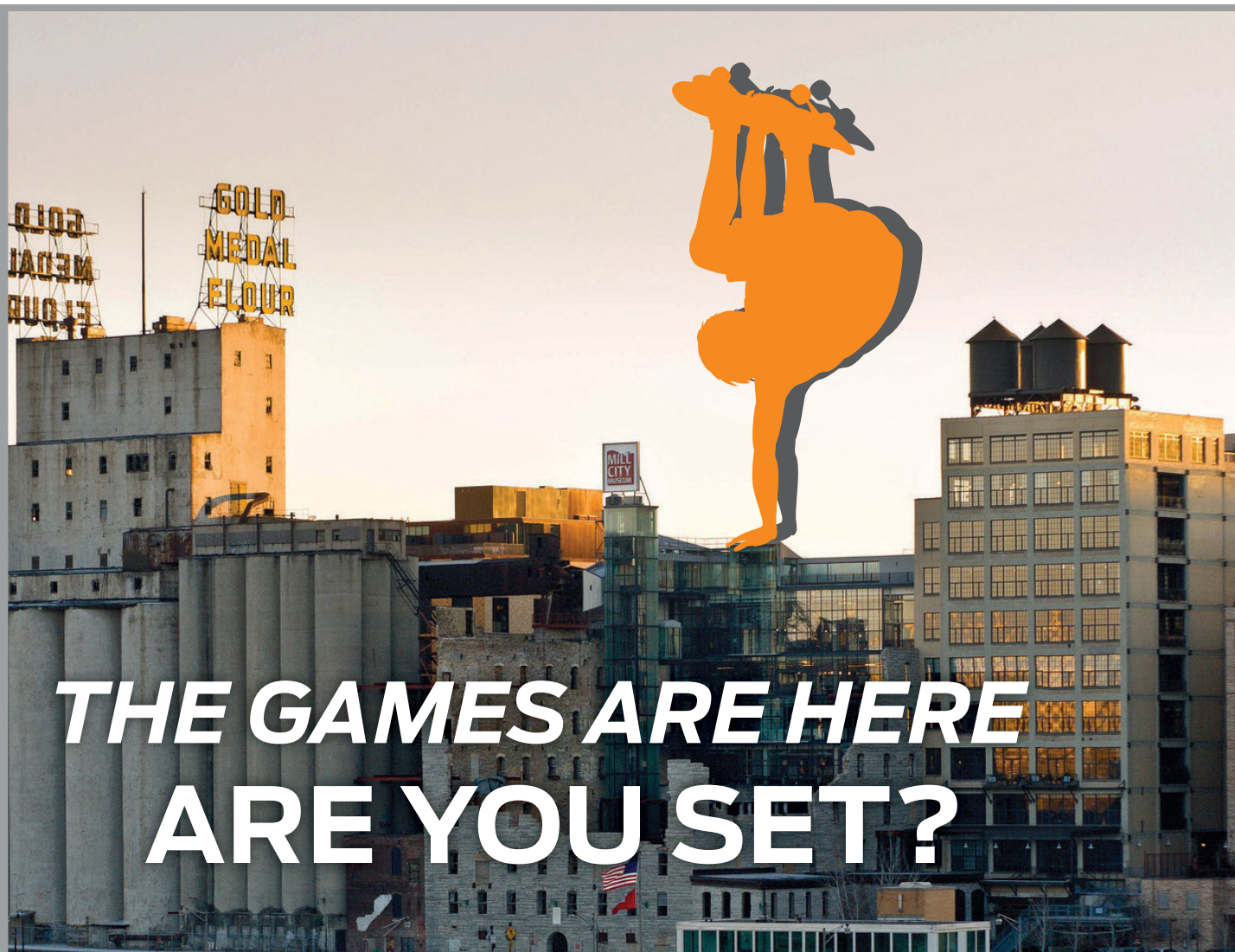
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The Uptown Art Fair is second only to the State Fair in attendance.

2018 ALEX KORMANN/STAR TRIBUNE

CONTINUED FROM FRIDAY ►

35,000, the prevailing vibe remains art-based, showcasing over 320 artists working in 12 different mediums, including paint, glasswork, sculpture, jewelry, and multimedia compositions. Patrons can anticipate a wealth of discoveries, including new contributions from Chuck U, the fair's 2019 featured artist. The prolific illustrator is known for his distinct label designs for Indeed Brewing, and his work will also be seen on cans of the brewer's specially crafted Art Fair, a variation on its Hibiscus Shenanigans. Further refreshments can be found among the 25 food and beverage vendors, plus there'll be the imaginative cuisine served up by the Culinary Arts Competition and the caffeinated concoctions unveiled by baristas at the first ever Latte Art Throwdown. Another new feature sure to attract attention is a designated marketplace where visitors can support the local purveyors of artisanal goods. 11 a.m. to 8 p.m. Friday; 10 a.m. to 8 p.m. Saturday; 10 a.m. to 5 p.m. Sunday. Free. 3001 Hennepin Ave., Minneapolis.

Through Sunday —BRAD RICHASON

SATURDAY 8.3

FESTIVAL

POWDERHORN ART FAIR 2019

POWDERHORN PARK

The Powderhorn neighborhood hosts its biggest event of the year this weekend. Over 200 artists—working in mediums like digital art, leather work, glass firing, clay, and more—will demonstrate, sell, and showcase their wares. Highlights include special collections from the community, including artwork from folks in the neighborhood as well as local youth. There will be plenty to eat, with over 20 businesses serving foods ranging from super meaty to very

vegan. This year will also feature a wine garden where imbibers can try a variety of drinks. Check the event's official website, ppna.org, for free MetroTransit bus passes to the festival. 10 a.m. to 6 p.m. Saturday; 10 a.m. to 5 p.m. Sunday. Free. 3400 15th Ave. S., Minneapolis.

Through Sunday —JESSICA ARMBRUSTER

FESTIVAL

LITTLE AFRICA FESTIVAL

HAMLIN PARK

Now in its sixth year, the Little Africa Festival brings together Twin Cities' African communities for a celebration of culture, food, and creativity. Things kick off on Saturday with a parade along Snelling Avenue, ending at Hamline Park. On Sunday, the fun continues all afternoon and evening with performances, storytelling, music, and kids' activities like face painting and a petting zoo. There will also be food of all kinds to enjoy, and community organizations. Hosted by the Little Africa Business & Cultural District of Minnesota, the weekend celebrates all African communities living in Minnesota, as well as the thriving Little Africa district. Check online for a free bus pass via MetroTransit at littleafricafest.com. 4:30 to 9 p.m. Saturday; noon to 9 p.m. Sunday. Free. 1564 Lafond Ave., St. Paul.

Through Sunday —SHEILA REGAN

FESTIVAL

2019 MINNESOTA SODA FESTIVAL

BLUE SUN SODA SHOP

This weekend, Blue Sun Soda Shop is hosting the Minnesota Soda Festival, an all-day event with over 100 sodas available for sampling, plus games for kids and adults. Visitors can try a variety of sodas for a quarter each, or invest in a VIP package ticket, which is a

CONTINUED ON PAGE 27 ►

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by Chuck U

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A-LIST



CALEB TIMMERMAN

CONTINUED FROM SATURDAY ►

great way to try some of the many locally made beverages all at once. Also happening at this event: bounce houses, a soda factory tour, a vintage 1950s bus, and six food trucks (Auntie M's, Bacon Me Crazy, Elevation 5280, El Tapatio, Grill Works, and Signature on Wheels). If you want to go VIP, purchase a ticket at www.ticketor.com. 10 a.m. to 7 p.m. Free; \$25 VIP. 1625 Cty. Hwy. 10, Spring Lake Park; 763-432-0704. —LOREN GREEN

PARTY

THIRD ANNUAL VAMPIRE'S BALL

LORING BAR & RESTAURANT

While many Minnesotans love to bask in the sun during the summer months, others prefer to hunt for fun in the moonlight. If you're part of the latter crowd, you'll find your people at Loring Bar this Saturday at the Vampire's Ball. Now in its third year, this event features macabre spectacle, a makers' market, and performances. On the dance floor, DJs Grant and PRSPHNE will spin goth, electronic, and other tunes while Time Squid creates trippy visuals. An artists' mart will showcase creepy dolls, leather gear, and other dark arts. Dress in your gothic best; winners of the costume contest will go home with secret prizes. Revelers will want to be sure not to miss the midnight blood sacrifice, performed onstage by Mistress Salem and Miss Bat. 18+. 9 p.m. to 2 a.m. \$10-\$20. 327 14th Ave. SE, Minneapolis; 612-378-4849. —JESSICA ARMBRUSTER

SUNDAY 8.4

FESTIVAL

IN CAHOOTS BLOCK PARTY

RED STAG SUPPER CLUB

Each year, Red Stag challenges breweries to work together in teams of two for a collaborative competition that yields

truly unusual beers. What happens when Bent Paddle makes something with Sociable Cider Werks? Will Modist and Forager produce something revelatory? Will Fulton and Surly have a major IPA breakthrough together? You can find the answers to these questions this Sunday, as 12 breweries have been paired up to create six pints that you'll only be able to try at the festival. Vote for your favorite; a portion of the proceeds from the event will go to the top team's charity of choice. Live music will include a lot of rock: There will be yacht rock from the Lonesome Losers, surf rock from Black Widows, and straight-up rock from Kiss the Tiger and headliners the Bad Man. Vintage lovers will want to visit the Golden Pearl's back alley sale, just around the corner, where Shop Country Club, Paper Unicorn Vintage, and AudreyRose Vintage will be stopping by with discounted threads. 2 to 8 p.m. Free. 509 First Ave. NE, Minneapolis; 612-767-7766. —JESSICA ARMBRUSTER

MONDAY 8.5

MOVIES

BEST IN SHOW

LORING PARK

Is *Best in Show* a good movie? Or is it the best movie ever created? Let's just say it's a highly re-watchable Christopher Guest masterpiece co-written by the great Eugene Levy. All of your favorites from the Guest movie crew shine in this one, including Levy, Catherine O'Hara, and Parker Posey. Follow these quirky, neurotic, and fabulous characters as they vie for the titular prize with their pups. Bring your friends, grab a picnic blanket, and enjoy a summer evening. There aren't many days of summer left; we can't think of a better outdoor movie selection. 8:35 p.m. Free. 1382 Willow St., Minneapolis. —SHEILA REGAN



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QUENTIN'S ADVENTURES IN HOLLYWOODLAND

Tarantino goes through the looking glass in *Once Upon a Time... in Hollywood*



SONY PICTURES

BY BRYAN MILLER

It seems inevitable, in retrospect, that Quentin Tarantino would make a movie set in Hollywood. His cinematic hyper-literacy is a hallmark of his pop-culture pastiche films, which are packed tight with cinema references both overt and subtle.

Tarantino's encyclopedic knowledge of film and TV becomes a living, breathing thing in *Once Upon a Time... in Hollywood*. Here Hollywood history is the subject, the setting, the characters, the theme, the modus operandi, and the raison d'être. Finally the director for whom movies are everything has made a movie where movies are everything.

In *Once Upon a Time...* fantasy and reality melt together as they do for anyone who's fallen asleep too many times with a VHS tape playing. The plot traces parallel sto-

ries, one presumably true, one presumably fictive. The "real" storyline follows Sharon Tate (Margot Robbie) and her friends circa 1969, an ominous timeframe that puts her on a historical collision course with the spooky band of hippie cultists led by the briefly glimpsed Charles Manson. The familiar tragedy of Tate and her coterie is interwoven with the "fictional" story of her next-door neighbor, Rick Dalton (Leonardo DiCaprio), the former star of the made-up TV Western *Bounty Law*. Drunk, desperate Rick is in the process of washing up while his steely-cool stuntman sidekick Cliff (Brad Pitt) tries to help him hold it together.

Bounty Law isn't a real show, but it could be. Later in the film, Rick shoots a guest role on an episode of *Lancer*, which seems like a fake Western but is in fact real. Timothy Olyphant, who in real

life played a TV cowboy in *Deadwood*, portrays the real-life James Stacy, and here Stacy is playing series lead Johnny Lancer.

The whole movie goes on like this. Tarantino splices Rick into actual footage from *The Great Escape*, replacing Steve McQueen, to tell a story about how Rick almost got the McQueen role. Meanwhile, McQueen himself (played by actor Damian Lewis) provides a pivotal bit of exposition while he smokes a joint in a scene set at the Playboy mansion. Tarantino does not, however, splice Robbie into the real footage of *The Wrecking Crew* when Tate goes to watch her own movie in a theater in one sublime sequence; he lets us watch Robbie, his pretend Sharon Tate, watch the real one.

The entire fantasmagoria is a push and pull between fantasy and reality.

ONCE UPON A TIME... IN HOLLYWOOD

directed by Quentin Tarantino
area theaters, now playing

The ending is a Rorschach test for the viewer and a pretty clear statement from Tarantino about his preference.

Some of Tarantino's audacity has stultified into a series of tics, but damned if there aren't several moments of perfection sewn throughout the film. *Once Upon a Time... in Hollywood* rockets through two and a half hours without ever once seeming in a hurry. It's Tarantino's best hangout movie in decades; you want to just keep spending time with Cliff, Sharon—and even Rick—forever.

That you cannot is the very tragedy Tarantino is quixotically battling against. Thank god it's the movies, so when it's over, you can be kind and rewind. **C+**

PLANNING STAGES

Fringe Fest offers 130+ shows. Here are some solid bets.



Xena and Gabrielle
Smash the
Patriarchy

COURTESY OF MINNESOTA FRINGE FESTIVAL

BY JAY GABLER

Standing in line for a show at the Minnesota Fringe Festival, you might find yourself sandwiched between a proud grandparent and an out-of-town artist wearing a clown nose, or between a curious student and a button-festooned fest vet. The Fringe can reward curiosity, but it can also punish you for it; that's part of the fun. There's no substitute for listening to buzz and following your heart, but here are some shows to get you started at this year's Fringe.

Talk about wish fulfillment: The dream duo of Ariel Leaf and Nissa Nordland Morgan are starring in *Xena and Gabrielle Smash the Patriarchy*. While you're wearing your midriff-baring armor, you can go see Tom Reed in the "sensual satire" of his latest one-man franchise spoof, *Game of Toms*.

The Winding Sheet Outfit produced one of last year's most raved-about shows, the dark and ambitious musical *Blood Nocturne*. This year, they're back with *You Are Cordially Invited to the Life and Death of Edward Lear*. Sheep Theater, another can't-miss

company, promises intentionally awkward laughs with *A Cult Classic*, about what you do when doomsday fails to arrive.

Colleen Somerville and other artists, including the hilarious actor Lauren Anderson and co-writer Shanan Custer, are behind *SIZE*, "a love letter to everybody" that follows last year's pointed parody *Not Fair, My Lady!* A stable of stars like Custer, Addie Phelps, Kelsey Cramer, and Allison Witham join reliable mischief-maker Josh Carson for the romp *Mad as Nell*, or *How to Lose a Bly in Ten Days*.

Writer/composer Keith Hovis just saw his *Jefferson Township Sparkling Junior Talent Pageant* make the jump from Fringe to Park Square; his latest is *Edith Gets High*, a 420-friendly video-game adventure that gives a new meaning to "high score." Another company known for fun Fringe musicals takes a different tack, as South Asian Arts & Theater House (formerly known as Bollywood Dance Scene) leaves hijinks behind for an hour of community storytelling with *My Kahaani*.

It's raining cats and dogs in new shows from, respectively, Couple Fight

MINNESOTA FRINGE FESTIVAL

August 1-11; mnfringe.org

co-creator Anna Weggel and the aptly named Off-Leash Area. Weggel helms *Cat Confidential: The Secret Lives of the Mothers of Lions*, while Off-Leash Area's Jennifer Ilse co-stars with Lily the Doberman in *Paws 'n Effect*. (The latter show is part of the Family Fringe, an overlapping juried festival that now conveniently shares ticketing with the non-juried Fringe Festival.)

It wouldn't be Fringe without a little experimentation... and as experiments go, you're in safe hands with ambitious artist Emily Michaels King, whose one-woman *Magic Girl* is a multimedia exploration of personal history and an "ode to Rainbow Brite." Fringers always love roaming around the West Bank, and this year everyone's going to want to try Playable Artworks' *Second Skin*, "an audio-driven interactive adventure for one."

We'll be adventuring along with you; watch citypages.com for capsule reviews after the Fringe begins. ☞

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8.16 HOTPANTS FUNK & SOUL 10PM

8.23 EVAN BARTELS

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FRIDAY AUGUST 2

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SATURDAY AUGUST 3

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DAVINA AND THE VAGABONDS

Album release show for *Sugar Drops*
The Guthrie, Minneapolis
Monday, August 5



CHRISTI WILLIAMS

NATURAL SWEETENER

Davina Sowers swaps *Sugar Drops* for wholesome loving and living

BY ERICA RIVERA

It's human nature to want what's bad for us. For Davina Sowers, it was drugs and toxic love. She calls these substances "sugar drops," and they're the inspiration behind Davina and the Vagabonds' new bluesy jazz album of the same name.

"We've all loved the wrong person," Sowers says. "We all love the wrong food sometimes. We all love the wrong chemical. There's something that we're

all yearning for."

Sowers pays homage to two completely different kinds of partner on this album: a narcissistic, manipulative ex ("Mr. Big Talker") and her innocent, angelic husband ("Magic Kisses"). Other songs examine themes like temptation ("Devil Horns"), self-care ("Take My Time"), and the rat race of the music industry ("Bone Collection").

Sugar Drops came with a lot of firsts. This is the first time the band has been

on a label (Red House Records), the first time Sowers went out of state to record (to Nashville's Compass Sound Studio), the first time she used studio musicians rather than her road-tested band, and the first time she's had a producer (Garry West). Instrumentally, she also added guitar, clarinets, and strings to the album to give it texture and a more sophisticated sound. "I threw everything at this," she says.

Sowers grew up in Altoona, Pennsylvania. Her mother was a folk singer who played piano and guitar—like mother, like daughter. "I've been singing into my hairbrush for as long as I can remember," she says. As a teen, she was a "handful." "I spent a lot of time being a Pennsylvania punk-rock kid. I was just super naughty and sassy and I hung out with the wrong kids," she says.

Sowers also began experiencing anxiety and depression. She self-medicated with a "hefty drug habit" that lasted a decade and led to heroin addiction, homelessness, and jail time. "I spent years wanting to get clean. It's not fun being a heroin addict. It's a horrible existence," she says. She isn't sure what gave her the strength to get clean, but she did.

Around 18 years ago, Sowers came to Minnesota, and in 2004, she started Davina and the Vagabonds. The tattooed, retro-styled beauty quickly established herself as a vocal powerhouse with a modern take on the Great American Songbook. The band has since performed in almost every U.S. state and in venues all over the world, including an appearance on the BBC's *Later... With Jools Holland*.



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MUSIC

Though her career is soaring, mental illness persists. "It's every day for me, dealing with me. It's exhausting sometimes," Sowers says. "Sometimes I just can't do shit and I just lay there and cry." Music helps her stay on the right path, as do Totino's Pizza Rolls, journaling, meditation, baths, and bike rides.

Sowers believes there's strength in songwriting, but performing such personal and confessional songs night after night can take its toll. "I try to do my best to take a minute to freak out if I need to," she says. "I definitely choose nights to do really emotional stuff, when I'm feeling it, because I think that's a form of self-care, too. If something's too heavy for me to sing and I'm in a good mood, I'm not going to go up there and sing it. And sometimes I just want to throw down."

Sowers met her husband, trumpeter Zack Lozier, through the Minneapolis music scene. His nonjudgmental attitude, unconditional acceptance, and the way he makes her laugh are just a few of the reasons she knew he was "the one." "We allow each other to be ourselves," she says. "I love him. He's hip. We're best friends." They've been together for seven years, married for two.

Lozier wrote the string arrangements for "Mr. Big Talker" and was in the studio during the recording of *Sugar Drops*. "He was a huge help for me with this album. He was the glue who held this album together—for me, with me," Sowers says. He's also her road manager, so the couple tours together—a good thing, since last year the band was on the road for nine months. When she is home, Sowers is a self-described recluse, her way of decompressing from the hyper-social nature of van rides, sound checks, call times, and interviews while on tour.

Sowers is busy, no doubt, but "busy isn't everything," she says. While she has personal dreams—a greenhouse among them—professionally, she comes up blank when asked about band goals.

"I'd love to sit in first class sometime," she says with a laugh. "Maybe I should dream bigger."

Or maybe not. A caring partner, a sustainable career, and clean living seem like accomplishments enough. "I'm really lucky to be alive," she says. "I'm not a huge big thinker. I'm just putting one foot in front of the other one. My goal is always to make music that I love." **CF**

CRITICS' PICKS

GIN BLOSSOMS

VARSITY THEATER, WEDNESDAY 7.31

On last year's Don Dixon-produced *Mixed Reality*, their sixth album, the long-running, intermittently productive Arizona jangle-rockers haven't changed. As always, their tightly wound, radiantly fuzzy riffs coax pathos from Robin Wilson's choked, manful groan. If you've ever wanted to scream "Hey Jealousy" in a big crowd of people, here's your chance. With the *Black Moods*. 18+. 7 p.m. \$30. 1308 Fourth St. SE, Minneapolis; 612-604-0222. —**LUCAS FAGEN**

SAVES THE DAY/JOYCE MANOR

CEDAR CULTURAL CENTER, THURSDAY 8.1

New Jersey emo yowlers Saves the Day have been making upbeat melodic punk records consistently for two decades, with last year's concise, vigorous 9 functioning as an unofficial 20th-anniversary celebration. California emo bellowsers Joyce Manor belong to the same tradition, although the way their riffs clomp and gleam is their own. This double-booked show represents the meeting of two musical generations. With *awakebutstillinbed*. 6:30 p.m. \$22/\$27. 416 Cedar Ave. S., Minneapolis; 612-338-2674. —**LUCAS FAGEN**

IDLES

FIRST AVENUE, SATURDAY 8.3

Adam Devonshire and Jon Beavis' deep, murky, whumping rhythm section and Joe Talbot's barked, slurred singing combine to produce a direct, clunky, industrial cadence that doesn't rock so much as stomp. Last year's *Joy As an Act of Resistance* collects ostensibly disapproving portraits of gross men and the societal conditions that produce them, although the energy with which they roar suggests a certain relish. With *A Place to Bury Strangers*. 18+. 8 p.m. \$16/\$18. 701 First Ave. N., Minneapolis; 800-514-3849. —**LUCAS FAGEN**

JOHN MAYER

XCEL ENERGY CENTER, MONDAY 8.5

Between *Battle Studies* (2009) and *Born and Raised* (2012), John Mayer's music became less electric. The soft-rock guitarist's past three albums abound with gestures toward American folk music—dainty acoustic guitar, sorrowful mumbling, a calculated limpness—as if he were trying to prove himself a sweet, sensitive, misunderstood boy who really didn't deserve to be attacked by Taylor Swift in "Dear John." 7:30 p.m. \$46-\$147. 199 W. Kellogg Blvd., St. Paul; 651-265-4800. —**LUCAS FAGEN**



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Thursday, August 1 The Cedar Presents SAVES THE DAY AND JOYCE MANOR with special guest <i>Awakebutstillinbed</i> Doors 6:30pm • Show 7:30pm • All Ages • \$22 Advanced / \$27 Day of Show Saturday, August 3 The Cedar Presents A SOLO ACOUSTIC EVENING with <i>Eric Hutchinson</i> Doors 7pm • Show 8pm • All Ages • \$25 Advanced and Day of Show Tuesday, August 6 The Cedar Presents AN EVENING WITH ALTAN Doors 7pm • Show 7:30pm • All Ages • \$27 Advanced / \$30 Day of Show	Friday, August 9 The Cedar and KFAI Present BREWER & SHIPLEY WITH VICKY EMERSON Doors 7pm • Show 8pm • All Ages / \$20 Advanced / \$35 Day of Show Saturday, August 10 First Avenue Presents JEN KIRKMAN Doors 7pm • Show 8pm • All Ages / \$25 General Admission Wenesday, August 14 First Avenue Presents TUXEDO Doors 7pm • Show 7:30pm • All Ages / \$20 General Admission / \$79 VIP Saturday, August 17 MCMagicConcerts.com Presents MC MAGIC AND LIL ROB Doors 7pm • Show 8pm • All Ages • Standing / \$25 General Admission / \$125 Gold VIP
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the Parkway
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Thursday, August 1 8:00 pm BLAZING SADDLES (1974) Friday, August 2 7:30 pm SHANGRI-LA // MSP PREMIERE with <i>DIY Filmmaking Panel</i> Saturday Matinee, August 3 1:00 pm WILLOW (1988) Saturday, August 3 8:00 pm SCREAM IT OFF SCREEN! <i>SHORT FILM COMPETITION</i> Sunday, August 4 7:30 pm AL CHURCH'S CINEMATIC ORCHESTRA PRESENTS: <i>20,000 LEAGUES UNDER THE SEA (1916)</i>	Thursday, August 8 8:00 pm PRETTY IN PINK (1986) <i>PRE-SCREENING MUSIC BY JILLIAN RAE</i> Friday, August 9 8:00 pm "OTIS REDDING: THE KING OF SOUL" <i>PRESENT BY MARK LICKTEIG W. ANDRA SUCHY</i> Saturday Matinee, August 10 1:00 pm THE BAD NEWS BEARS (1976) Saturday, August 10 7:00 pm STAR WARS: EPISODE I THE PHANTOM MENACE (1999) Thursday, August 15 8:00 pm ROBOCOP (1987) <i>35MM PRESENTATION</i>
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MUSIC LISTINGS

WEDNESDAY, JULY 31

REV. SEKOU AND THE FREEDOM FIGHTERS
With PaviElle. 7 p.m. July 31; \$15-\$17. Turf Club, 1601 University Ave. W., St. Paul; 651-647-0486.

TENACIOUS D
With Wynchester. 6:30 p.m. July 30-31; \$59.50. Palace Theatre, 17 7th Pl. W., St. Paul; 612-338-8388.

THURSDAY, AUG. 1

BOYS OF SUMMER TOUR 2019
Featuring Brandon Rowland, Blake Gray, Charles Gitnick, Jeremy Hutchins, Luca Schaefer-Charlton, Rex Campbell, and more. All ages. 3 p.m. Aug. 1; \$39; \$25 parent ticket. Skyway Theatre, 711 Hennepin Ave., 2nd floor, Minneapolis; 612-333-6100.

X GAMES MINNEAPOLIS 2019 MUSIC
Featuring Swmrs and Chevy Metal (Thu.), Wu Tang Clan and P.O.S (Fri.), Diplo (Sat.), and Incubus and the Blind Shake (Sun.). 7 p.m. Aug. 1-4; \$60 daily; \$175 3-day pass; \$200 4-day pass. Armory, 500 6th St. S., Minneapolis; 612-315-3965.

FRIDAY, AUG. 2

JOHN SWARDSON AND BAD BLOOD (ALBUM RELEASE SHOW)
With Margret and Josh Grier. 8 p.m. Aug. 2; \$10. Turf Club, 1601 University Ave. W., St. Paul; 651-647-0486.

STEVE EARLE & THE DUKES
With the Mastersons. 7:30 p.m. Aug. 2; \$47.50-\$60. Minnesota Zoo Weesner Amphitheater, 13000 Zoo Blvd., Apple Valley; 952-431-9200.

WILLIE NELSON AND FAMILY
With Alison Krauss. 7:30 p.m. Aug. 2; \$39.50-\$250. Target Center, 600 1st Ave. N., Minneapolis; 612-673-0900.

SATURDAY, AUG. 3

JAMESTOWN REVIVAL
With John Craigie. 8 p.m. Aug. 3; \$20-\$35. Fine Line Music Cafe, 318 1st Ave. N., Minneapolis; 612-338-8100.

METALACHI
With Madness Malaga and Whiskey Rock 'N' Roll Club. 8 p.m. Aug. 3; \$17-\$20. Turf Club, 1601 University Ave. W., St. Paul; 651-647-0486.

SANTANA
With the Doobie Brothers. 7 p.m. Aug. 3; \$65-\$442. Xcel Energy Center, 199 W. Kellogg Blvd., St. Paul; 651-726-8240.

SLASH FEATURING MYLES KENNEDY & THE CONSPIRATORS
8 p.m. Aug. 3; \$52.50-\$112.50. Mystic Lake Casino Hotel, 2400 Mystic Lake Blvd., Prior Lake; 800-262-7799.

TUESDAY, AUG. 6

DEAN LEWIS
With James TW. 6 p.m. Aug. 6; \$29.50. First Avenue, 701 1st Ave. N., Minneapolis; 612-338-8388.



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SATURDAY AUGUST 3
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3pm - 7pm

SUNDAY AUGUST 4
SUNSHINE COMMITTEE
3pm - 7pm

THURSDAY AUGUST 8
PANDORA'S OTHER BOX
6pm - 9pm

SATURDAY AUGUST 10
SONICALLY SPEAKING
3pm - 7pm

SUNDAY AUGUST 11
THE ROLLING STONERS (TRIBUTE BAND)
3pm - 7pm



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♈ ARIES (March 21-April 19): “Dear Diary: Last night my Aries friend dragged me to the Karaoke Bowling Alley and Sushi Bar. I was deeply skeptical. The place sounded tacky. But after being there for 20 minutes, I had to admit that I was having a fantastic time. And it just got better and more fun as the night wore on. I’m sure I made a fool of myself when I did my bowling ball imitation, but I can live with that. At one point I was juggling a bowling pin, a rather large piece of sweet potato tempura, and my own shoe while singing Led Zeppelin’s “Kashmir” –and I don’t even know how to juggle. I have to admit that this sequence of events was typical of my adventures with Aries folks. I suppose I should learn to trust that they will lead me to where I don’t know I want to go.”

♉ TAURUS (April 20-May 20): In his poem “Wild Oats,” poet W. S. Merwin provided a message that’s in perfect alignment with your current astrological needs: “I needed my mistakes in their own order to get me here.” He was not being ironic in saying that; he was not making a lame attempt to excuse his errors; he was not struggling to make himself feel better for the inconvenience caused by his wrong turns. No! He understood that the apparent flubs and misuses he had committed were essential in creating his successful life. I invite you to reinterpret your own past using his perspective.

♊ GEMINI (May 21-June 20): Even if you’re an ambidextrous, multi-gendered, neurologically diverse, Phoenician-Romanian Gemini with a fetish for pink duct tape and an affinity for ideas that no one has ever thought of, you will eventually find your sweet spot, your power niche, and your dream sanctuary. I promise. Same for the rest of you Geminis, too. It might take a while. But I beg you to have faith that you will eventually tune in to the homing beacon of the mother lode that’s just right for you. P.S.: Important clues and signs should be arriving soon.

♋ CANCER (June 21-July 22): What would a normal, boring astrologer tell you at a time like now? Maybe something like this: “More of other people’s money and resources can be at your disposal if you emanate sincerity and avoid being manipulative. If you want to negotiate vibrant compromises, pay extra attention to good timing and the right setting. Devote special care and sensitivity to all matters affecting your close alliances and productive partnerships.” As you know, Cancerian, I’m not a normal, boring astrologer, so I wouldn’t typically say something like what I just said. But I felt it was my duty to do so because right now you need simple, basic, no-frills advice. I promise I’ll resume with my cryptic, lyrical oracles next time.

♌ LEO (July 23-Aug. 22): Let’s check in with our psychic journalist, LoveMancer, who’s standing by with a live report from inside your imagination. What’s happening, LoveMancer? “Well, Rob, the enchanting creature on whose thoughts I’ve been eavesdropping has slipped into an intriguing frontier. This place seems to be a hot zone where love and healing interact intensely. My guess is that being here will lead our hero to breakthrough surges of love that result in deep healing, or deep healing that leads to breakthrough surges of love—probably both.”

♍ VIRGO (Aug. 23-Sept. 22): Virgo figure skater Scott Hamilton won an Olympic gold medal and four World Championships. He was a star who got inducted into the United States Olympic Hall of Fame and made a lot of money after he turned professional. “I calculated once how many times I fell during my skating career—41,600 times,” he testified in his autobiography. “But here’s the funny thing: I also got up 41,600 times. That’s the muscle you have to build in your psyche—the one that reminds you to just get up.” In accordance with current astrological omens, Virgo, I’ll be cheering you on as you strengthen that muscle in your psyche during the coming weeks.

♎ LIBRA (Sept. 23-Oct. 22): What’s the story of your life? Psychologist James Hillman said that in order to thrive, you need to develop a clear vision of that story. How do you do that? Hillman advised you to ask yourself this question: “How can I assemble the pieces of my life into a coherent plot?” And why is this effort to decode your biography so important? Because your soul’s health requires you to cultivate curiosity and excitement about the big picture of your destiny. If you hope to respond with intelligence to the questions and challenges that each new day brings, you must be steadily nourished with an expansive understanding of why you are here on earth. I bring these ideas to your attention, Libra, because the coming weeks will be an excellent time to illuminate and deepen and embellish your conception of your life story.

♏ SCORPIO (Oct. 23-Nov. 21): “Artists are people driven by the tension between the desire to communicate and the desire to hide,” wrote psychoanalyst Donald Winnicott. I think that description fits many people born under the sign of the Scorpio, not just Scorpio artists. Knowing how important and necessary this dilemma can be for you, I would never glibly advise you to always favor candid, straightforward communication over protective, strategic hiding. But I recommend you do that in the coming weeks. Being candid and straightforward will serve you well.

♐ SAGITTARIUS (Nov. 22-Dec. 21): Sagittarian poet Aracelis Girmay writes, “How ramshackle, how brilliant, how haphazardly & strangely rendered we are. Gloriously, fantastically mixed & monstered. We exist as phantom, monster, miracle, each a theme park all one’s own.” Of course that’s always true about every one of us. But it will be extraordinarily true about you in the coming weeks. According to my analysis of the astrological omens, you will be at the peak of your ability to express what’s most idiosyncratic and essential about your unique array of talents and specialties.

♑ CAPRICORN (Dec. 22-Jan. 19): Sometime soon I suspect you will arrive at a crossroads in your relationship with love and sex—as well as your fantasies about love and sex. In front of you: a hearty cosmic joke that would mutate your expectations and expand your savvy. Behind you: an alluring but perhaps confusing call toward an unknown future. To your left: the prospect of a dreamy adventure that might be only half-imaginary. To your right: the possibility of living out a slightly bent fairy tale version of romantic catharsis. I’m not here to tell you what you should do, Capricorn. My task is simply to help you identify the options.

♒ AQUARIUS (Jan. 20-Feb. 18): How many handcuffs are there in the world? Millions. Yet there are far fewer different keys than that to open all those handcuffs. In fact, in many countries, there’s a standard universal key that works to open most handcuffs. In this spirit, and in accordance with current astrological omens, I’m designating August as Free Yourself from Your Metaphorical Handcuffs Month. It’s never as complicated or difficult as you might imagine to unlock your metaphorical handcuffs; and for the foreseeable future it will be even less complicated and difficult than usual for you.

♓ PISCES (Feb. 19-March 20): People who sneak a gaze into your laboratory might be unnerved by what they see. You know and I know that your daring experiments are in service to the ultimate good, but that may not be obvious to those who understand you incompletely. So perhaps you should post a sign outside your lab that reads, “Please don’t leap to premature conclusions! My in-progress projects may seem inexplicable to the uninitiated!” Or maybe you should just close all your curtains and lock the door until your future handwork is more presentable. P.S. There may be allies who can provide useful feedback about your explorations. I call them the wounded healers.

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wed : july 31

12pm : last wednesday bent paddle
infusion keg tapped
7pm : “kfai house party presents”
don scott and rosanne lieciardi

9:30pm : lenz & frenz
(certain members of pert near sandstone,
farmhouse band, san souci quartet,
row of ducks)

thu : aug 1

9:30pm : the return of radio watt presents
with maybe nebraska rachel kurtz

fri : aug 2

7pm : laura and sean’s movie and
music trivia

10pm : blaha new primals, din-din
ex nuns

sat : aug 3

7pm : trivia mafia presents
331 drinkin’ spelling bee tickets
10pm : tongue party
oyster world, cola horse

sun : aug 4

3-5pm : rezo city: resonator guitar player series
featuring: don fitzwater

8pm : trivia mafia

mon : aug 5

8pm : the roe family singers
10pm : doug otto and friends

tue : aug 6

7-9pm : t.e.e. – tuesday, early evening.
9:30pm : 331 club and fair state brewing
cooperative present august conspiracy series
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MONDAY AUGUST 5

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WEDNESDAY AUGUST 7

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ZAO

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SOFTENING UP

BY BRENDAN EMMETT QUIGLEY

Across

- 1 Fiver
- 4 LEDTV maker
- 11 Hold up
- 14 100 square meters
- 15 Gas mask?
- 16 Prefix with skeleton
- 17 Shark Ace?
- 19 Grp. based in Ramallah
- 20 Grammatically correct answer to “Who’s there?”
- 21 “Jersey Girl” actress, for short
- 22 Flies and such
- 23 Snitches (on)
- 25 Excursions taken to leave your betrothed at the altar?
- 27 The Yellowhammer St.
- 28 Important chip, briefly
- 30 Merry-go-round figure, to a child
- 31 Word for word: Abbr.
- 32 Blue-ribbon
- 34 21-Across, to friends
- 35 Smoothie made of bananas, pineapples, and honey?
- 39 Some corp. execs
- 40 Like gazpacho
- 41 Number on a face
- 44 Bicker
- 47 Departure announcement
- 48 “Reliable Sources” channel
- 49 What’s posted on a karaoke screen when someone is

singing “Uptown Girl”?

- 53 One way to run
- 55 Inevitability
- 56 E.R. pronouncement
- 57 Sale words
- 58 Some E.R. cases
- 59 Unknown prank?
- 63 Up to this point
- 64 More lustrous
- 65 Rapper Kool ___ Dee
- 66 Very
- 67 Craft
- 68 Lapse

Down

- 1 Tex-Mex meals
- 2 In heat?
- 3 Song by The Shins that will “change your life” according to the movie “Garden State”
- 4 Coca-Cola Co. brand
- 5 ___ first-name basis
- 6 RR place
- 7 Meccan pilgrim
- 8 Poker phrase
- 9 Intolerant person
- 10 Suffix with grape
- 11 Fix
- 12 Primrose flowers
- 13 Collins of ’70s funk
- 18 Part of R.S.V.P.
- 22 Bucker
- 24 Word said during an operation
- 25 34-Down predecessor

“Some nerve!”

- 29 Sci-fi capsules
- 33 Direct mail abbr.
- 34 25-Down successor
- 36 Reproductive cell
- 37 ZipRecruiter listings
- 38 “Can I chime in?”
- 42 Canine neighbor
- 43 Golfer Juli
- 44 He tied with Mario Andretti for A.P.’s Driver of the Century
- 45 Truckers competition
- 46 Bugs
- 50 Romantic interlude
- 51 Inquisitive
- 52 No longer on the plate
- 54 Gold oak leaf wearer: Abbr.
- 59 Much of an ed.’s in-box
- 60 Squeeze (out)
- 61 Tel. listing abbr.
- 62 Mos. and mos.

Last Week’s Answer

G	R	A	P	E		A	V	O	N		G	N	A	W
R	E	P	A	Y		M	U	L	E		R	E	F	I
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C	A	L	L	A		E	T	U	D	E		T	H	A
E	L	I		C	O	H	N		L	O	O	K		
B	A	C	K	A	N	A	L	I	E	N	R	I	T	E
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G	A	R	Y		P	E	T	S		E	S	S	A	Y

BETCHA DIDN'T KNOW



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SAVAGE LOVE

Hard Truths

I'm a woman who married young (21) and I've been with my husband for seven years. Within the last year, I've realized that my falling libido probably comes from the fact that I am not turned on by our boring vanilla sex routine. I've tried talking to him, but he says he prefers sex without foreplay or a lot of "complicated stuff." I had some great casual sex before we met but it turns out I'm into BDSM, which I found out when I recently had a short affair. I've kept the secret and guilt to myself, but I have told my husband I'm into BDSM. He wants to make me happy but I can tell he isn't turned on doing these things. He denies it, because he's happy to have sex at all, but a butt plug and a slap on the ass do not a Dom make. I've tried to ask him if we can open up our relationship so that I can live out my fantasies. I would like to go to a BDSM club and he isn't interested at all. He was very upset and said he's afraid of losing me if we go. He also felt like I was giving him an ultimatum. But I told him he was allowed to say no.

When I was younger I thought there was something wrong with me because everyone else wanted monogamy but it never seemed important to me. I'm not a jealous person and I wouldn't mind if he had sex with other people. In fact, the thought of it turns me on but he says he isn't interested. I know he loves me and I love him. At this point my only solution has been to suppress this urge to have BDSM sex, but I don't know if it is a good long-term solution. What should I do? We have a 3-year-old daughter so I have to make our relationship work.

WANT THE HARD TRUTH

Two quick points before I bring out the big guns: First, marrying young is a bad idea. The younger two people are when they marry, according to a veritable mountain of research, the likelier they are to divorce. It makes intuitive sense: The rational part of the brain isn't fully formed until age 25. And second, basic sexual compatibility is crucial to the success of sexually exclusive relationships.

And with that out of the way...

"WTH might be surprised to hear she is just a normal woman being a normal woman," said Wednesday Martin, author of *Untrue: Why Nearly Everything We Believe About Women, Lust, and Infidelity Is Wrong and How the New Science Can Set Us Free*. "Like a normal human woman, she is bored after seven years of monogamous sex that isn't even her kind of sex."



Dan Savage

"We know from recent studies that among women, relationship duration and living together predict lower desire/boredom," said Martin. A straight man's desire for his partner also decreases over time, but not as drastically. "Contrary to what we've been taught, monogamy kills it for women more than it does for men," said Martin.

The big issue is here is that you got bored. No foreplay? Nothing complicated? Even if you were 100 percent vanilla, that shit would get tedious after a few years. Or minutes. At bottom, WTH, what you're saying is that you're gonna need to do BDSM with other people if your husband doesn't get better at it, which is something he might learn to do at the BDSM club he refuses to go to. Which means he has it backwards: He risks losing you if he doesn't go.

"She once put her marriage at risk to get BDSM," said Martin. "WTH's husband doesn't need to know about the affair, in my view, and he doesn't need to become the world's best Dom. But he owes her acknowledgment that her desires matter. Get to that baseline, and other things tend to fall into place more easily."

Now, I recently told a frustrated husband that his cuckolding kink may have to be put on the back burner while his children are young. The same goes for you, WTH. But at the very least your husband has to put more effort into pleasing you.

"In straight culture, people tend to define sex as intercourse, because intercourse is what gets men off, and we still privilege male pleasure," said Martin. "But seen through a lens of parity, what WTH wants is not 'foreplay' or 'complicated stuff.' It's sex, and the sooner her husband acknowledges that her pleasure matters as much as his does, the sooner he'll be a real partner."

For the record: A relationship doesn't have to be open to be exciting, BDSM doesn't have to be complicated to be satisfying, and date night doesn't have to be dinner and a movie. Date night can be a visit to a BDSM club where your husband can learn how to be a better Dom.

mail@savageandlove.net

Follow Dan on Twitter: @fakedansavage
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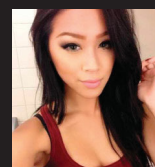
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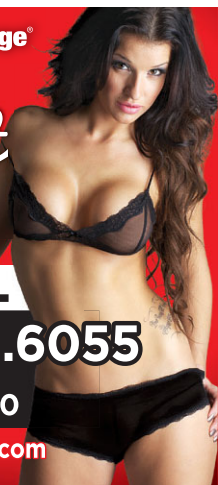
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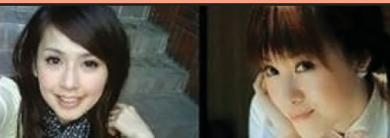
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